

## **T-BALL RULES**

### **AGES 4 & 5**

1. A regulation game will be one (1) hour. No score is kept.
2. A reduced injury factor baseball will be used for safety purposes.
3. All players will bat each inning before changing sides. All players bat 1 to 11. The next inning reverse the order going 12 to 1. (12 or number of players on roster)
4. 12<sup>th</sup> batter keeps running until they reach home plate or tagged out.
5. A player may be pitched to, but for 2 pitches only. Then 5 tries off the tee. (Please follow these rules; it enables more innings to be played).
6. Batting helmets must be worn at all times with chin straps.
7. All hit balls must be on or past the 20-ft. arc to be a fair ball.
8. On an over thrown ball, a runner may only advance one base.
9. A ball hit to the outfield, as soon as the ball is returned to the infield, all runners are to return to their closest base. Whether the ball is controlled or not.
10. **DEFENSE.** Play all infield positions except catcher, put the rest of the players in the outfield. All players need to be rotated to other defensive positions during the course of the game. Keep outfielders 10-ft. behind the bases
11. This is a learning league, so let's teach the kids the correct way to play by throwing to the correct bases.
12. Please try to only have 2 coaches in the field when your team is on defense. 1 in the infield, and 1 in the outfield.
13. No jewelry. A medical alert bracelet can be worn, but must be taped to the body.
14. Make sure at the end of the game that the dugout and surrounding area is clean of garbage.
15. Coaches are responsible for the conduct of parents of their team.